

CLAIMS

I claim:

5 1. A combination stack weight selector and add-on assembly comprising:

a selector/support member having a handle member and an elongate shaft member being securely attached to said handle member for selection of weights to be lifted on a weight-lifting

10 machine; and

one or more weight members being supported upon said selector/support member.

2. A combination stack weight selector and add-on assembly
15 as described in claim 1, wherein said handle member has a bore extending therein through an end thereof, and has a knurled exterior surface, and is cylindrical shaped.

3. A combination stack weight selector and add-on assembly
20 as described in claim 2, wherein said elongate shaft member has a first end portion which is threaded into said bore of said handle member, and has a second end portion having a laterally-extended slot being disposed therein.

25 4. A combination stack weight selector and add-on assembly as described in claim 3, wherein said elongate shaft member also has a knurled exterior surface disposed between said first and second end portions.

30 5. A combination stack weight selector and add-on assembly as described in claim 4, wherein said selector/support member also

includes a spring member being securely disposed in said laterally-extended slot, and includes a ball member being attached to said spring member and being partially and biasedly exposed from said slot to effectively retain said second end portion of said elongate
5 shaft member either in a support for the stack of weights or in one of the weights of the stack of weights which are to be lifted by the user.

6. A combination stack weight selector and add-on assembly
10 as described in claim 5, wherein each said weight member has a hole being centrally-disposed therethrough and through which said elongate shaft member is removably extended to support and add-on said weight member to the stack of weights to be lifted by the user.

15 7. A combination stack weight selector and add-on assembly as described in claim 6, wherein said weight member is disc-shaped, and said hole is disposed along an axis thereof, said weight member being removably securely supported upon said knurled exterior surface of said elongate shaft member.

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